



STAR VISTA

CHANGING LIVES

5th anniversary

EVENT PROGRAM

StarVista's Annual Fundraiser
October 17, 2024

Dear Friends,

Welcome to Changing Lives 2024! I am grateful to have you join us for our once-a-year fundraising event.

This year's event is significant, as it marks our 5th Changing Lives event. We launched Changing Lives in 2020 during the height of the pandemic. It was a time of strength and collective effort, as we all came together to support one another and continue to provide essential services during such a challenging time.

I am grateful to be here with you tonight five years later to celebrate strength, resilience, and unity as we honor our efforts to improve and maintain mental health and wellness in the community. **Together, we change lives.**

A special thank you to our StarVista Visionaries, who ensure our clients receive the quality care and support they need to help them navigate the challenges they face. Our Visionaries provide unrestricted funding that ensures we can continue to provide services to children, youth, adults, and families in San Mateo County.

I invite you to join me and our Visionary community by pledging to give \$1,000+ each year for 5 years (\$84 a month). **Become a StarVista Visionary today and be the bright star on the horizon, build hope, and join us in changing lives.**

Thank you for being part of the StarVista family and for your generosity in helping all ages and stages navigate the challenges they face.

Sincerely,



Sara Larios Mitchell, Ph.D., MACP
Chief Executive Officer



CHANGING LIVES

October 17, 2024

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PROGRAM

6:00PM

CHECK IN & MIXER

Event Check In
Explore StarVista's Programs and Partners
Wine, Appetizers, Networking, and Live Music with Rudy Colombini of Music City San Francisco

6:45PM

MAIN SHOW

Welcome Message
Empowering Individuals to Build their Resilience
Inspiring Hope for a Better Tomorrow
Appeal to Change Lives with StarVista
Strengthening Communities through High-Impact Programs
Closing Remarks

7:35PM

NETWORK & DONATE

Become a Visionary or Make a Donation
Drawing Winners Announced
Live Music with DJ Goyo

THANK YOU, CHANGING LIVES SPONSORS



Guest Speakers

Christie James

Radio & Event Disc Jockey, iHeartRadio

A Bay Area native, Christie's career began with the US military where she served in Italy as a member of the U.S. Navy. She was formerly stationed in Washington D.C. as a member of the Presidential Honor Guard under President Clinton. While serving as a Navy journalist, she became enamored with the world of radio. Christie came to the Bay Area in 2003 where she started as a radio intern and gained extensive knowledge and experience through a variety of positions at various stations in the Bay Area. She has been on the air with KYLD, KISQ, V101.1, PRIDE Radio and most recently she has become the host of the top-rated "Morning Drive with ChristieLive" show on 80s+ @103.7. Christie is also heavily involved in the Bay Area LGBTQ+ community having produced stages for S.F. Pride, Oakland Pride, and Co-Chaired Pridefest Oakland. You can also catch Christie in the mix at the Oakland Coliseum serving as the official Treehouse DJ for the Oakland Athletics.



Kevin Mullin

Congressman, CA-15

Kevin Mullin, a 4th-generation Californian and San Mateo County native, is representing CA-15 in the U.S. House of Representatives. He has a passion for civic engagement and democracy, having learned early that active participation in the political process gives a voice in local, state, and federal government. Kevin has served as a member of the City of South San Francisco City Council and as the longest tenured Speaker pro Tem in the California State Assembly. Kevin is a champion for climate resiliency, having been part of the architects of the \$3.7 billion climate resilience package and worked on creating San Mateo County's One Shoreline. He has also served as an aide to his political mentor, former Congresswoman Jackie Speier, and has been a local small communications business owner and television host and commentator. Mullin holds a master's degree from San Francisco State University and studied leadership at Harvard's Kennedy School of Government.



Sabrina Thompson

Previous Daybreak Client, StarVista Visionary

Sabrina is a previous StarVista Daybreak client. While receiving support from Daybreak, she applied for many scholarships and received the Bill and Melinda Gates Millennium Scholarship. She then went on to get her Bachelor's Degree and Master's Degree in Information Systems, along with a Master's in eBusiness Technology from Carnegie Mellon University. Sabrina has worked in HealthCare IT for over 18 years. Giving thanks to Daybreak, she was able to become a responsible adult - breaking the chains of the poverty she grew up in. Sabrina met her husband in college and has been married for 20 years. They are homeowners and have three children.



Donna Colson

Vice Mayor of Burlingame, StarVista Visionary

Donna, a former Park and Recreation Commissioner and member of the San Mateo County Employees' Retirement Association Board, was elected to the Burlingame City Council in 2015. She has experience in affordable housing, green energy and sustainability, fiscal responsibility, pension management, and economic development. Donna has also served as Co-President at Burlingame High School and Burlingame Intermediate School parent organizations, President of the Burlingame Girls' Softball Association, and Board Member for the BCE. She is a founding Advisory Committee member for the UC Berkeley Haas Business School Center for Gender Equity and Leadership and has served on the Filoli Estate Board. She has a BA in Political Economics and an MBA in Finance from the University of California at Berkeley.



Eric Wollman

Retired Police Chief, Burlingame, StarVista Board Chair

Eric Wollman has been a StarVista Board Member since 2016. He has 36 years of law enforcement service in San Mateo County, and recently retired as the Chief of Police for the City of Burlingame. Eric has supported the mission of StarVista for his entire career. He continues to share his understanding, advocacy, and appreciation of StarVista's services with many people in and outside of his profession.



Sara Larios Mitchell, Ph.D., MACP

StarVista Chief Executive Officer

Sara Larios Mitchell was appointed CEO of StarVista in October 2012. She has a master's in counseling psychology from Golden Gate University and a doctorate in transpersonal psychology from the Institute of Transpersonal Psychology. With over 15 years of experience in clinical services including early childhood, domestic violence, trauma, youth development, family support, and counseling, Sara is strongly committed to the children, families, and individuals in our diverse community, and to strengthening opportunities for everyone to transform their lives.



Nancy Magee

San Mateo County Superintendent of Schools

Nancy Magee, elected in 2018, is the San Mateo County Superintendent of Schools. With over 20 years of classroom experience and 11 years of district and county office of education leadership, she has overseen special education programs, Court and Community Schools, Career and Technical Education, and Safe and Supportive Schools. Magee also served as the County Office of Education's Administrator of Board Support and Community Relations. She has experience as a high school English and Advancement Via Individual Determination teacher, librarian, and district administrator. Magee holds a master's degree in library and information science and a bachelor's degree in English.





STAR VISTA

VISIONARIES

A StarVista Visionary is a person who recognizes opportunities and takes action to promote wellbeing and create lasting, positive change.

EMPOWERING INDIVIDUALS

\$1,000 per year for 5 years

Provide a homeless youth guidance, shelter, life skills, and a chance at a brighter future.

INSPIRING HOPE

\$10,000 per year for 5 years

Provide mental health support to 20 more children, youth, and their families through our school-based programs.

STRENGTHENING COMMUNITIES

\$25,000 per year for 5 years

Support a dynamic service network with remote, web, and in-person counseling options for up to 25,000 people.

CUSTOM PLEDGE

Over \$1,000 per year for 5 years

Your generosity helps our nearly 30 programs support the 40,000 people StarVista strives to serve every year.

PLEDGE MONTHLY

\$84+ a month for 5 years

Become a StarVista Visionary by pledging to give monthly instead of yearly. You can reach the Empowering Individuals level at \$84 a month.



LEARN MORE

www.star-vista.org/visionaries



CHANGE LIVES WITH US

Your support will help our nearly 30 programs provide life-changing services to tens of thousands of people in San Mateo County.

DONATE TO STARVISTA

Become a StarVista Visionary (Pledge Yearly or Monthly)



Make a one-time gift

Donate Stock



Arrange a DAF, IRA, or other Account Transfer

DOUBLE YOUR DOLLAR!

Ask your company to match your gift. This can also be applied to your Visionary yearly or monthly giving.

DONATE: www.star-vista.org/changelives

What is a DAF? A donor advised fund (DAF) is a charitable giving program that allows you to combine the most favorable tax benefits with the flexibility to support your favorite causes.

You can also make a one-time gift to StarVista via PayPal!



SHOP OUR MERCH STORE

Show your support for StarVista's once-a-year fundraising event by wearing our StarVista swag from our swag store! Shop our limited-edition 5th anniversary swag at our Changing Lives. A portion of proceeds are donated to StarVista.

SHOP: www.bonfire.com/store/StarVista





STAR VISTA

Helping All Ages and Stages Through Life's Challenges

BOARD OF DIRECTORS

- * ERIC WOLLMAN
BOARD CHAIR
- * DOUGLAS STEWART
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- * ALISON PROCTOR
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- * NANCY MINNIG
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- MARILYN THOMAS, PH.D.
- * HOWARD YANG
- ERICK YOUNG



OUR MISSION

We deliver high-impact services through counseling, case management, skill development, and crisis prevention to children, youth, adults, and families.

OUR VISION

All children, youth, adults, and families receive quality services to support them in reaching their fullest potential.

OUR VALUES

To serve our clients, supporters, staff, partners, and diverse community, we utilize a strength-based, holistic approach, guided by our commitment to diversity, equity, and inclusion.

CHANGING LIVES PLANNING COMMITTEE

Lea Berhane, *Chief Operating Officer*
Audrey Bockholt, *Senior Marketing Manager*
Pavnit Kaur, *Marketing Coordinator*
Zoe O'Day, *Development Coordinator*
George Tapia, *Community Engagement Coordinator*
Gloria Guzman, *Department Assistant*

THANK YOU CHANGING LIVES IN-KIND DONORS

A Grape in the Fog
Basecamp Fitness
Clayroom San Mateo
Cocoa&Onyx

Museum of Craft and Design
One Little Thing
SF MOMA
Top Golf

