



STAR VISTA

CHANGING LIVES

StarVista's Annual Fundraiser

October 12, 2023



EVENT PROGRAM



Dearest Friends and Community,

Welcome to Changing Lives 2023! I am grateful to have you join me at Skyline College's Farallon Room for our once-a-year fundraising event.

This year, we are celebrating StarVista as a pioneer of change. As an agency, we can be relied on for someone to call, someone to respond, and somewhere to go for supportive services. StarVista has grown and delivers innovative services. We are visionaries and a beacon of hope for our community. It is evident that our agency remains a safe space for those in our community who need it most.

This evening's program will give you an in-depth look at how our nearly 30 counseling, case management, skill development, and crisis prevention programs empower individuals, inspire hope, and strengthen communities across San Mateo County.

Clients are able to change their lives for the better through our programs. As nearly 40,000 individuals of all ages continue to rely on our services annually, our aim is also to consistently maintain our organization's sustainability. **You can help ensure residents receive the quality care and support they need by becoming a StarVista Visionary.** Our Visionaries are the hope on the horizon, who help ensure that we can continue to meet the growing need for our services.

I invite you to join me and our Visionary community by pledging to give \$1,000+ each year for 5 years (\$84 a month). **Your generosity fuels innovation and progressive change that allows us to respond to the evolving needs of our communities.**

We hope you enjoy tonight's program, and once again, thank you for joining us in changing lives for the better.

Sara Larios Mitchell, Ph.D., MACP
Chief Executive Officer

CHANGING LIVES

October 12, 2023

StarVista's Annual Fundraiser

PROGRAM

6:00PM

CHECK IN & MIXER

Event Check In
Explore StarVista's Programs
Wine, Appetizers, Music, and Networking

6:45PM

MAIN SHOW

Welcome Message
Empowering Individuals through Partnerships
Inspiring Hope in Recovery
Appeal to Change Lives with StarVista
Strengthening Community Wellness
Closing Remarks

7:35PM

NETWORK & DONATE

Become a Visionary or Make a Donation
Drawing Winners Announced

THANK YOU, CHANGING LIVES SPONSORS

HERITAGE
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SOLMATEO
Shining Light on Mental Health



SEILER LLP
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NEWFRONT



CHANGING LIVES SPEAKERS

ERIC WOLLMAN

Retired Police Chief, Burlingame

Eric Wollman has been a StarVista Board Member since 2016. He has 36 years of law enforcement service in San Mateo County, and recently retired as the Chief of Police for the City of Burlingame. Eric has supported the mission of StarVista throughout his entire career. He continues to share his understanding, advocacy, and appreciation of StarVista's services with many people in and outside of his profession.



CONGRESSMAN KEVIN MULLIN, CA 15

Kevin Mullin, a 4th-generation Californian and San Mateo County native, is representing CA-15 in the U.S. House of Representatives. He has a passion for civic engagement and democracy, having learned early that active participation in the political process gives a voice in local, state, and federal government. Kevin has served as a member of the City of South San Francisco City Council and as the longest tenured Speaker pro Tem in the California State Assembly. Kevin is a champion for climate resiliency, having been part of the architects of the \$3.7 billion climate resilience package and worked on creating San Mateo County's One Shoreline. He has also served as an aide to his political mentor, former Congresswoman Jackie Speier, and has been a local small communications business owner and television host and commentator. Mullin holds a master's degree from San Francisco State University and studied leadership at Harvard's Kennedy School of Government.



SARA LARIOS MITCHELL, Ph.D., MACP

StarVista Chief Executive Officer

Sara Larios Mitchell was appointed CEO of StarVista in October 2012. She has a master's in counseling psychology from Golden Gate University and a doctorate in transpersonal psychology from the Institute of Transpersonal Psychology. With over 15 years of experience in clinical services including early childhood, domestic violence, trauma, youth development, family support, and counseling, Sara is strongly committed to the children, families, and individuals in our diverse community, and to strengthening opportunities for everyone to transform their lives.



JERRY MOE, MA

Founder of StarVista's Kids Kamp

Jerry Moe, MA, is the Senior Clinical Advisor at the National Association for Children of Addiction (NACoA). He is the National Director of Children's Programs, Emeritus, at Hazelden Betty Ford. Jerry is an author, speaker and consultant on issues for children and families hurt by addiction. He has spent over four decades working in the treatment and recovery worlds, including establishing StarVista's The Children's Place and Kids Kamp programs. Among his two dozen books are *Through a Child's Eyes: Understanding Addiction and Recovery* and the *Beamer Series* for kids. Jerry's work is featured in the PBS documentary *Lost Childhood* and Emmy Award winning programs on both Nickelodeon and Sesame Street.



MARILYN THOMAS, PH.D., MPH



StarVista Board Member

Marilyn D. Thomas is a social epidemiologist investigating structural racism as a social determinant of health. Born and raised in San Francisco's Bayview/Hunters Point District, Marilyn's parents struggled with addiction which left her homeless at the age of 15. Forced to support herself, she entered the Daybreak Program at age 17 and gained permanent housing after 6 months. Since then, Marilyn has earned her bachelor's degree in microbiology and master's in public health from SFSU, and her Doctorate in Epidemiology from UC Berkeley. As a Postdoctoral Fellow at UCSF, her research involves integrating social theory and examining the intersections of race, socioeconomic position, and environmental factors using advanced causal inference methods and novel study designs.

CHANGE LIVES WITH US

This is the moment! You can help 40,000 individuals in San Mateo County change their lives for the better. Scan the QR code to donate.



DONNA COLSON



Vice Mayor, City of Burlingame

Donna, a former Park and Recreation Commissioner and member of the San Mateo County Employees' Retirement Association Board, was elected to the Burlingame City Council in 2015. She has experience in affordable housing, green energy and sustainability, fiscal responsibility, pension management, and economic development. Donna has also served as Co-President at Burlingame High School and Burlingame Intermediate School parent organizations, President of the Burlingame Girls' Softball Association, and Board Member for the BCE. She is a founding Advisory Committee member for the UC Berkeley Haas Business School Center for Gender Equity and Leadership and has served on the Filoli Estate Board. She has a BA in Political Economics and an MBA in Finance from the University of California at Berkeley.

NANCY MAGEE



San Mateo County Superintendent of Schools

Nancy Magee, elected in 2018, is the San Mateo County Superintendent of Schools. With over 20 years of classroom experience and 11 years of district and county office of education leadership, she has overseen special education programs, Court and Community Schools, Career and Technical Education, and Safe and Supportive Schools. Magee also served as the County Office of Education's Administrator of Board Support and Community Relations. She has experience as a high school English and Advancement Via Individual Determination teacher, librarian, and district administrator. Magee holds a master's degree in library and information science and a bachelor's degree in English.



VISIONARIES

A StarVista Visionary is a person who recognizes opportunities and takes action to promote wellbeing and create lasting, positive change.

Empowering Individuals, \$1,000 per year for 5 years

Provide a homeless youth guidance, shelter, life skills, and a chance at a brighter future.

Inspiring Hope, \$10,000 per year for 5 years

Provide mental health support to 20 more children, youth, and their families through our school-based programs.

Strengthening Communities, \$25,000 per year for 5 years

Support a dynamic service network with remote, web, and in-person counseling options for up to 25,000 people.

Customize your amount over \$1,000 per year for 5 years

Your generosity helps our nearly 30 programs support the 40,000 people StarVista strives to serve every year.



LEARN MORE
www.star-vista.org/visionaries



CHANGE LIVES WITH US

Your support will help our nearly 30 programs provide life-changing services to tens of thousands of people in San Mateo County.

MAKE A DONATION



**Become a StarVista Visionary
(Pledge Yearly or Monthly)**

Make a one-time gift

**Arrange a DAF, IRA, or other
Account Transfer**

Donate Stock



**You can also make
a one-time gift to
StarVista via PayPal!**

DOUBLE YOUR DOLLAR!

Ask your company to match your gift. This can also be applied to your Visionary yearly or monthly giving.

DONATE: www.star-vista.org/changelives

SHOP OUR MERCH STORE

Show your support for StarVista's once-a-year fundraising event by wearing our Changing Lives branded short or long-sleeve tee. A portion of the proceeds from each Changing Lives tee sale will be donated to StarVista and our programs.

SHOP: www.bonfire.com/changing-lives-tees



ROUND UP YOUR MACY'S PURCHASE

A big thank you to our partner, Macy's Hillside, for selecting StarVista as the beneficiary of their local charities round up campaign. **From October 16, 2023, through October 31, 2023,** customers will have the opportunity to voluntarily round their purchase up to the nearest dollar (up to \$.99) and donate their change to StarVista.





STAR VISTA

Helping All Ages and Stages Through Life's Challenges

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MARILYN THOMAS, PH.D.

* HOWARD YANG

ERICK YOUNG



OUR MISSION

We deliver high-impact services through counseling, case management, skill development, and crisis prevention to children, youth, adults, and families.

OUR VISION

All children, youth, adults, and families receive quality services to support them in reaching their fullest potential.

CHANGING LIVES PLANNING COMMITTEE

Lea Berhane, *Chief Development, Marketing & Technology Officer*
Audrey Bockholt, *Senior Marketing Manager*
Patricia Dalao, *Development Manager*
Jessica Castellanos, *Development Coordinator*
Pavnit Kaur, *Marketing Associate*
Gloria Guzman, *Department Assistant*
Kyle Santiago, *IT Assistant*

THANK YOU CHANGING LIVES IN-KIND DONORS

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