



# STAR VISTA

## Helping All Ages and Stages Through Life's Challenges



## SCHOOL BASED SERVICES

StarVista's School Based Services has been providing high quality mental health services to San Mateo County students for over 10 years. The goal of this program is to support students in improving aspects of their lives that may lead to enhanced school performance and increased engagement in learning.

In order to accomplish this goal, we send qualified mental health clinicians to each school site and

provide a myriad of services including assessment, crisis intervention, individual and group therapy, family therapy, psycho-education, and classroom presentations, as well as extensive consultation and training with teachers, parents, administration, and other school support staff. We adapt our services to fit the unique needs of each school and San Mateo County's diverse student population.

**Currently, providing services in elementary, middle, and high schools in the following districts:**

- Redwood City School District
- Belmont-Redwood Shores School District
- Sequoia Union High School District
- Jefferson Union High School District

For more information, contact (650) 779-7913  
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