DAYBREAK

StarVista’s Daybreak program provides homeless youth the skills and resources they need to live on their own. Daybreak participants receive training in:

- Obtaining and maintaining employment
- Personal health and self-care
- Money management
- Meal planning and preparation
- Performing daily chores
- Accessing and using educational training and community resources

Additionally, Daybreak’s therapeutic resources include:

- Locating and renting housing
- Pursuing educational opportunities

Referrals to the Daybreak program are accepted from community-based organizations, schools, parents, and law enforcement agencies.

Youth may also apply directly through the intake worker, without a referral.

Call us today: 650.771.0782