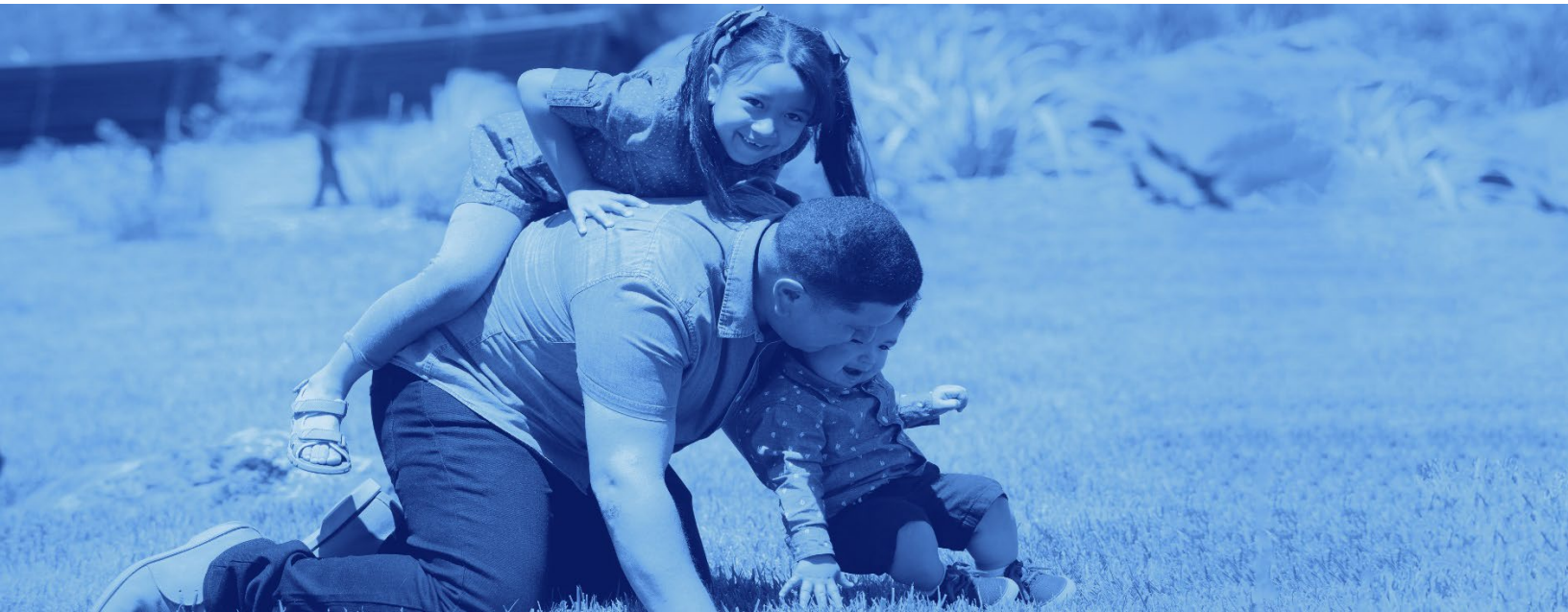




STAR VISTA

Helping All Ages and Stages Through Life's Challenges



HEALTHY HOMES

With the support of First 5 San Mateo County and other grants, StarVista's Healthy Homes program serves families with children ages 0-5 who are facing a variety of stressors in their lives.

Healthy Homes strives to prevent child abuse and neglect, enhance the parent-child relationship, and reduce the impact of risk factors such as systemic racism, traumatic experiences, poverty, food insecurity, substance abuse, domestic violence, mental illness, and language barriers, among others.

The following program highlights are free of charge to families and available in English or Spanish:

- Mental health services for children and their caregivers
- Parent-child activity groups
- Parent education and support groups
- Father/male caregivers case management and support groups
- Workshops on a variety of topics

Please note that all services are currently provided via Telehealth (Phone, Zoom, FaceTime).



Contact:

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Funding is provided by First 5 San Mateo County.

