



# STAR VISTA

## Helping All Ages and Stages Through Life's Challenges



## EARLY CHILDHOOD MENTAL HEALTH CONSULTATION

StarVista's Early Childhood Mental Health Consultation (ECMHC) consultants work with early care providers to improve their ability to observe, understand, and respond to the needs of both the children and parents within their programs.

Additionally, mental health consultants provide targeted mental health and psychoeducational support to families attending the childcare programs.

The enhanced quality of the teacher/parent/child interaction that results positively affects and supports the development and social-emotional well-being of the children and the parent-child relationship.



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