

*LGBTQ+ shelters and drop ins for those under 18

LARKIN DIAMOND YOUTH CENTER (17 & UNDER)

#: (800) 669-6196

536 Central Ave, San Francisco

**STARVISTA'S DAYBREAK (AGES 16-21)

#: (650) 771-0782

Referral from CORE AGENCY needed.

know your rights when accessing shelter

You cannot be denied housing or forced into facilities with the wrong gender. You have the right to use the facilities that match your gender. Shelters cannot deny access to gender-appropriate bathrooms, showers, sleeping areas, etc.

Can a shelter ask me about my gender identity? If the shelter segregates housing by gender, staff may ask about your gender. If you are non-binary, staff cannot dictate which binary-gendered facility you should use.

Can the shelter demand medical or legal evidence of my gender? No. The shelter cannot require "proof" of your gender (e.g. court order, doctor's letter, surgery confirmation etc.).

Can a women's shelter limit housing to only cisgender women? No! If a shelter accepts women, they must accept transgender women. If a shelter accepts men, they must accept transgender men.

Shelters have a duty to prevent harassment by staff and residents. This includes preventing intentional and consistent misgendering.

san mateo pride center

We are a program of **StarVista** in collaboration with Outlet of Adolescent Counseling Services and Peninsula Family Service.

Our mission is to create a **safe, inclusive, and affirming community** for individuals of all ages, sexual orientations, and gender identities. **We provide a broad range of accessible and affordable services, including:**

Therapy & Counseling
Case Management
Peer Support Groups
Trainings & Workshops
Social/Community Events & more!

CONNECT WITH US:

#: (650) 591-0133

Email: info@sanmateopride.org

Visit www.sanmateopride.org
Follow us on Facebook & Instagram
(@sanmateopride)

CRISIS SUPPORT (24/7)

If you're in distress or just need someone to talk to, you are not alone. Reach out for support:

TRANS LIFELINE: (877) 565-8860

TREVOR PROJECT: (866) 488-7386

STARVISTA CRISIS LINE: (650) 579-0350

INTIMATE PARTNER ABUSE: (800) 300-1080

TEXT "HOME" to 741741

Or visit <https://sanmateocrisis.org>

For Additional Resources: Dial 2-1-1 at any time (available 24/7 and in 150 languages) for connections to local resources of any kind.

the essentials [food, shelter, & wellness]

*This brochure is intended to support and empower **transgender, gender-diverse, and non-binary individuals** in navigating various resources in **San Mateo County** and beyond. This resource was created **by the community, for the community**. We know how challenging it can be to get the support you need, so in sharing these tips and tricks we hope to give you the tools to thrive. If you need further assistance, please reach out. We are here to support you.*



This project is supported by Kaiser Permanente Northern California Community Benefit Programs.

emergency shelter and drop in

For general **emergency shelter & rental/financial assistance**, contact a **CORE SERVICE AGENCY** & request to speak with a **social worker**. Call below or dial 2-1-1 at any time (24/7) for info. Note: You may need to be in the county for 30 or more days to qualify.

SAMARITAN HOUSE

#: (650) 347-3648

4031 Pacific Blvd., San Mateo

FAIR OAKS COMMUNITY CENTER

#: (650) 780-7500

2600 Middlefield Rd., Redwood City

DALY CITY COMMUNITY SERVICE CENTER

#: (650) 991-8007 // 350 - 90th St., Daly City

COASTSIDE HOPE

#: (650) 726-9071

99 Ave. Alhambra, El Granada

For **Transgender, Gender Diverse, & Non-Binary, LGBTQ+ specific shelters**, you may need to look outside SMC. **Referral needed. Call Pride Center at **(650)-591-0133**.

****NEW HAVEN INN LGBTQ+ SHELTER (SAN JOSE)**

#: (408) 703-3966

****JAZZIE'S PLACE LGBTQ+ SHELTER (SAN FRANCISCO)**

#: (415) 355-7401

OUR TRANS HOME SF

#: (415) 554-8494 // www.ourtranshomesf.org

health & wellness

FOOD ASSISTANCE

SECOND HARVEST FOOD CONNECTION

#: (800) 984-3663

Get directions to meal sites, grocery help, & more: www.shfb.org/get-food

CALFRESH (FOOD STAMPS)

Apply: www.getcalfresh.org

#: (877) 847-3663

Visit www.smcgov.org/food for more help.

SMC MOBILE HEALTH CLINIC

Drop by, no appt. needed.

Eligible for those who are homeless, uninsured, or have Medi-Cal or Medi-Care. Services offered: Urgent care, Primary care, STI Screenings, Needle exchange, & more. (Time & Location subject to change; call to confirm)

#: (650) 573-2786

SHOWERS & LAUNDRY

DIGNITY ON WHEELS (MOBILE SHOWER & LAUNDRY)

#: (650) 330-8000 (call for schedule)

www.wehope.org/mobile

ST. FRANCIS CENTER (FOR RWC/MENLO PARK RESIDENTS)

#: (650) 365-7829

151 Buckingham Ave, Redwood City
Mon-Fri. 10:30am-1:30pm

SAFE TRANSPORTATION

HOMOBILES (THE LGBTQ+ UBER/LYFT)

#: (415) 574-5023 (text to schedule)

www.homobiles.org

No one turned away for lack of funds!

ALCOHOL AND DRUG USE

- **For help, call the ACCESS Call Center at (800) 686-0101, option 4.** You do NOT need insurance to get help. Options include: Withdrawal management, counseling, residential care, recovery support, & more.
- **For HIV/STI testing & new needles:** Call **(650) 619-9125**
- **For Naloxone (Narcan) & Fentanyl testing strips:** Call **(650) 573-2735**

FIRST CHANCE SOBERING STATION (DETOX)

#: (650) 689-5597

VOICES OF RECOVERY (PEER SUPPORT)

#: (650) 289-7670

www.vorsmc.org

