



# STAR VISTA

## Helping All Ages and Stages Through Life's Challenges



## YOUTH STABILIZATION, OPPORTUNITY, AND SUPPORT (S.O.S.) TEAM

*Specialized Mobile Crisis Response Service for youth ages 0-25 years old*

The Youth Stabilization, Opportunity, and Support (S.O.S.) Team is a program of StarVista's Crisis Center in partnership with San Mateo County Behavioral Health and Recovery Services. The Youth S.O.S. team is designed to respond to children and youth ages 0-25 that are experiencing an escalation of mental and behavioral health symptoms (such as suicidal ideation/intent, self-injurious behaviors, undiagnosed mental health disorders, etc). The team will prioritize current or former foster youth as well as community sites (like schools) that have limited mental health resources.

**To access this service, a community member will call StarVista's Crisis Hotline (650) 579-0350.**

The crisis line worker will begin an assessment over the phone to determine the appropriate response. If a call necessitates an in-person response, Youth SOS will be sent out. For all in-person needs, both a mental health clinician and a family partner will respond in order to address and de-escalate the inciting crisis as well support the family. The expected response time will range from 1-2 hours (depending on location and availability of the team).

**Call Now:**

**StarVista's 24/7 Crisis Hotline**

**650-579-0350**

**OR**

**CAL Family Urgent Response System (FURS)**

**833-939-3877**

