



# STAR VISTA

## Helping All Ages and Stages Through Life's Challenges



## CHILD AND PARENT SERVICES

StarVista's Child and Parent Services (CAPS) is available to any family with a child 0-17 living in San Mateo County.

### Early Prevention Services

CAPS Early Prevention services are available to families with children 0-17 in Redwood City, East Palo Alto, San Mateo, Half Moon Bay, Montara, El Granada, Moss Beach, San Bruno, South San Francisco, and Daly City. The program strives to provide parents/caregivers with tools and strategies to reduce parental stress through a strength-based and short-term approach.

### Intervention Services

CAPS Intervention services are serving victims ages 0-17 and their families in San Mateo County that have been the victim of child abuse and/or neglect. Services are for victims and/or their caregivers. Family members may also qualify to help with the treatment of the child.

*All services CAPS provides to families and children include individual and family therapy, group therapy, and case management. Services are available in the family's home, in their community, or telehealth.*

### Range of services include:

- Individual, child, and family therapy
- Family Advocate-Case Management services (skill-building, connection to resources)
- Parent education
- Parent support groups/workshops in the community

**Call or Text:**  
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**Email:**  
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