



# STAR VISTA

## Helping All Ages and Stages Through Life's Challenges



## DAYBREAK

StarVista's Daybreak program provides homeless youth the skills and resources they need to live on their own. Daybreak participants receive training in:

- Obtaining and maintaining employment
- Personal health and self-care
- Money management
- Meal planning and preparation
- Performing daily chores

- Accessing and using educational training and community resources
- Locating and renting housing
- Pursuing educational opportunities

**Additionally, Daybreak's therapeutic resources include:**

- Case Management and
- Counseling
- Educational Groups
- Socialization Activities
- Permanency Planning

**Referrals to the Daybreak program are accepted from community-based organizations, schools, parents, and law enforcement agencies**

Youth may also apply directly through the intake worker, without a referral.

**Call us today: 650.771.0782**

