

2020 has been a year of unprecedented challenges for many of us alive today. For over 50 years, StarVista has been helping people navigate life's challenges. We are honored to continue carrying on that mission, and we are needed in our communities today, perhaps more than ever before.

While many of us have spent the better part of this year sheltering-inplace, StarVista has made changes to the way we are engaging with our community of supporters. We are honored to have shared our mission with all of you for the last 26 years at The Starting Line Breakfast, and the last 5 years at Taste of the Peninsula.

Starting this year, StarVista is combining our two annual fundraising events into a single fundraiser. We welcome and invite you to join us at our new, now virtual, event, Changing Lives.

We are also excited to announce a new community of supporters, StarVista Visionaries. This year only, all new StarVista Visionaries will become Founding Members of this community of supporters. If you have ever wanted to build a philanthropic legacy with an organization committed to helping those who need it most, this is the opportunity for you!

At StarVista, we create opportunities for people to make changes leading to the life they envision for themselves. Supporters like you provide the resources needed to make those changes possible.

While some of today's challenges are new, requiring new and different approaches, our commitment to serving people from all walks of life, in the form of counseling, skill development, and crisis intervention and prevention, remains strong.

We are committed to changing lives. Please join us.

Sara Mitchell, CEO

REGISTER NOW

to receive viewing instructions closer to this exciting Zoom event!

www.star-vista.org/changing-lives



CHANGING LIVES

October 29, 2020

STARVISTA'S INAUGURAL FUNDRAISER

PROGRAM

11:45AM PRE-SHOW

12:00PM

Welcome
Opening Video
Sara Mitchell, CEO
Client Video
Testimonial
How To Give
Heart Hands
Wrap-Up

12:40PM

POST-SHOW

SHOW US YOUR HEART HANDS!



Elaine Cummings
Former Board Member, volunteer, and
long-time supporter of StarVista

Show your love and support for our community! Before and during the event, we're asking you to share your HEART HANDS on FACEBOOK OR INSTAGRAM, using the hashtag:

#ChangingLivesSV

SUPPORT STARVISTA BEFORE, DURING, OR AFTER THE EVENT VISIT: www.star-vista.org/changelives

THANK YOU TO OUR SPONSORS!

EMPOWERING INDIVIDUALS







NURTURING FAMILIES













A StarVista Visionary is a person who recognizes opportunities and takes action to promote wellbeing and create lasting, positive change.

Empowering Individuals, \$1,000 per year for 5 years

Provide a homeless youth guidance, shelter, life skills, and a chance at a brighter future.

Inspiring Hope, \$10,000 per year for 5 years

Give 24 children from homes with person(s) struggling with addiction the chance to experience the joy of summer camp.

Strengthening Communities, \$25,000 per year for 5 years

Support a dynamic service network with remote, web, and in-person counseling options for up to 25,000 people.

Customize your amount over \$1,000 per year for 5 years

Your generosity helps our nearly 30 programs support over 41,000 people every year.

www.star-vista.org/visionaries

SPEAKERS IN ORDER OF APPEARANCE



HONORABLE CONGRESSWOMAN JACKIE SPEIER

SPECIAL GUEST SPEAKER

Congresswoman Jackie Speier is a fearless fighter for women's equality, LGBTQ rights and the disenfranchised who has dedicated her life to eliminating government corruption while working to strengthen America's national and economic security. She was named to Newsweek's list of 150 "Fearless Women" in the world and one of "Politico's 50" most influential people in American politics for bringing the Me Too reckoning to Congress.



SARA LARIOS MITCHELL, PH.D., MACP STARVISTA CEO

Sara Larios Mitchell was appointed CEO of StarVista in October 2012. She has a master's in counseling psychology from Golden Gate University and a doctorate in transpersonal psychology from the Institute of Transpersonal Psychology. With over 15 years experience in clinical services including early childhood, domestic violence, trauma, youth development, family support, and counseling, Sara is strongly committed to the children, families, and individuals in our diverse community, and to strengthening opportunities for everyone to transform their lives.



MARK ROSS

FORMER STARVISTA CLIENT

Mark Ross is a former StarVista client and is now a Certified Drug and Alcohol Counselor (CDAC II) and Case Manager Assessment Specialist III with San Mateo County's Integrated Medication Assisted Treatment team. He provides advocacy, education, and linkage to services to patients with substance use disorders at San Mateo Medical Center Emergency Department and Psychiatric Emergency Services. He's currently a

student at California State University East Bay working towards a Masters in Social Work with future goals of starting a private practice and leading county efforts to improve treatment options for people with co-occurring substance use and mental health concerns.



ERIC WOLLMAN

STARVISTA BOARD MEMBER

Eric Wollman has been a StarVista Board Member since 2016. He has 36 years of law enforcement service in San Mateo County, and recently retired as the Chief of Police for the City of Burlingame. Eric has supported the mission of StarVista for his entire career. He continues to share his understanding, advocacy, and appreciation of StarVista's services with many people in and outside of his profession. He and his wife Debbie live in Marin

County. They have two children, two grandchildren, and a rescue dog named Jessie.



NANCY MAGEE

COUNTY SUPERINTENDENT OF SCHOOLS

Elected in 2018, Superintendent Magee leads the San Mateo County Office of Education (SMCOE). She brings more than 20 years of classroom experience and 12 years of district and county office of education leadership experience to the role. Superintendent Magee has made addressing student mental health a priority. During her tenure at the County Office of Education, she created and led the San Mateo County Coalition for Safe Schools

and Communities, expanded mental health-related trainings for school staff, secured state funding to expand mental health supports in schools, and more.



Helping All Ages and Stages Through Life's Challenges

OUR MISSION

We deliver high impact services through counseling, skill development, and crisis prevention to children, youth, adults and families.

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TRIPLE YOUR GIVING!

- 1. Make a DAF donation.
- 2. We have partnered with Lucile Packard Foundation to match donations up to \$50,000.
- **3.** Ask your employer to match your donation.







