



STAR VISTA

Helping All Ages and Stages Through Life's Challenges



WOMEN'S ENRICHMENT CENTER

StarVista's Women's Enrichment Center (WEC) is designed to address the unique needs of women in recovery.

Understanding that substance use and mental health issues often occur together, WEC integrates treatment for both into its program.

With the support of the WEC community, we help clients increase their sense of competency and improve their quality of life.

Services

- Initial screening
- Individual therapy
- Group therapy
- Family therapy
- Assessments
- Door-to-door van transportation
- Specialized case management; e.g., for shelters, health insurance, family therapy, medications, etc.
- A light breakfast and nutritious lunch

- On site psychiatrist twice per month

**PROGRAM COSTS ARE
COVERED BY MEDI-CAL**

For more information call: 650.591.3636

