



# STAR VISTA

## Helping All Ages and Stages Through Life's Challenges



## HEALTH AMBASSADOR PROGRAM-YOUTH (HAP-Y)

StarVista's HAP-Y program seeks to train youth ages 16-24 to become Health Ambassadors. The trainings cover common challenges in mental wellness, signs and risks of suicide, suicide prevention, and how to access mental health services. Trained Health Ambassadors become community agents who help raise awareness and help increase access to behavioral health services through information sharing

and/or providing referrals when appropriate. In addition, Health Ambassadors have the opportunity to represent HAP-Y in community events such as presentations, outreach events, and trainings.

Participants can receive community service hours or internship hours in collaboration with their academic institutions.

In addition, a completion bonus of \$700 is distributed to those

who complete the program. The program accepts applications on an ongoing basis.

**For more information, contact:**

Brenda Nunez, Program  
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**Become a health ambassador: 650.477.4295**

