



STAR VISTA

Helping All Ages and Stages Through Life's Challenges



CRISIS INTERVENTION AND SUICIDE PREVENTION CENTER

Our professional staff provide life-changing support and services with passion, dedication, and a deep sense of caring and concern for the welfare of every person we serve.

Who could call the crisis line?

- Anyone who feels sad, hopeless, or suicidal.
- Family and friends who are concerned about a loved one.
- Anyone interested in mental health treatment and service referrals.

- Or anyone who just needs some support through a personal crisis.

Our Suicide Hotline is available 24-hours a day, seven days a week for crisis intervention.

Trained volunteers and staff treat callers with empathy and compassion and provide referrals for community resources and services.

**24-Hour Telephone
and Online Support**

**Crisis Hotline, (including
Parent Support and
Alcohol & Drug Support)**

650-579-0350
800-SUICIDE

Teen Web Site

www.OnYourMind.net

We're here to help: 650.579.0359

