



STAR VISTA

Helping All Ages and Stages Through Life's Challenges



HEALTHY HOMES

With the support of First 5 San Mateo County, StarVista's Healthy Homes program serves families with children birth through age 5 who are facing a variety of stressors in their lives.

Healthy Homes strives to prevent child abuse and neglect, enhance the parent-child relationship, and reduce the impact of risk factors such as domestic violence, trauma, poverty, food insecurity, substance abuse, mental illness, and language barriers, among others.

The following program highlights are free of charge to families and available in English or Spanish.

- Home based mental health services
- Mental health services for children and their caregivers
- Parent Education Support Groups
- Parent-Child Activity Groups
- Father Engagement Services

For information, contact:

Karol Markowitz,
Program Manager
karol.markowitz@star-vista.org



Funding is provided by First 5 San Mateo County.



Intake Line: 650.465.0305

