



STAR VISTA

Job title: Early Childhood Mental Health Clinician – Bilingual Spanish **preferred**

Program/ Department: Healthy Homes/Early Childhood Services

Status: DOE, Full-time, 30-40 hours/week, non-exempt, mileage reimbursement, generous vacation and benefits package

Reports to: Program Manager of Clinical Services and Department Director.

Program Description: Our Early Childhood and Family Services programs endeavor to foster healthy emotional, cognitive, and social development for children **birth through age five** and their families throughout San Mateo County. The Early Childhood Mental Health Clinician will provide home-based services to a culturally diverse client population of pregnant women and families with young children facing multiple risk factors, including family violence, substance abuse, immigration challenges, language barriers, and poverty, among others.

The Clinician will primarily utilize the Child-Parent Psychotherapy model and focus on safety, attachment, enhancing child/caregiver relationships and interactions, while healing trauma and supporting the child's developmental trajectory. The Early Childhood Mental Health Clinician will be part of a team of early childhood providers who work collaboratively, including Mental Health Clinicians and Family Partners. Depending on programmatic needs, this position may serve clients county-wide and drive to multiple locations within San Mateo County.

A successful candidate for this position will have proven history working with young children and families, strong capacity for self-reflection, and ability to communicate a sense of passion and commitment to supporting the social-emotional development of young children and deepening the understanding of their caregivers. In addition, a strong candidate will show commitment to support underserved families in a culturally sensitive and respectful manner.

While experience in providing Child-Parent Psychotherapy is preferred, we are willing to train the right candidate. You will be joining a dedicated team of collaborative and compassionate early childhood professionals.

ESSENTIAL JOB FUNCTIONS:

1. Provide weekly therapy home visits to families.
2. Assess and diagnose infants, children, and primary caregivers; develop and implement treatment plans; maintain timely progress notes for each case.
3. Provide case management, advocacy and referrals based on the needs of each family.
4. Coordinate treatment with other providers who are involved with each family.
5. Comply with billing and documentation requirements.
6. Participate in program evaluation efforts.
7. Maintain client files and program documentation.
8. Attend individual supervision, and weekly program staff meetings.
9. Attend trainings as required.
10. Provide informational training or presentations to community groups, as assigned.
11. Facilitate parent support groups, and child-parent activity groups as needed.
12. Complies with all standards of performance.
13. Other duties as assigned.

KNOWLEDGE, SKILLS, AND ABILITIES REQUIRED:

- Bilingual Spanish speaking *strongly preferred*. Written and oral communication skills in English and Spanish.
- Excellent clinical assessment and therapeutic skills.

- Knowledge of infant/child development and infant mental health. Training in early childhood mental health and the Child-Parent Psychotherapy model preferred.
- Exposure to thinking clinically about systems and organizations.
- Willingness to engage in self-reflection and participate fully in reflective supervision.
- Knowledge of the dynamics and treatment of family violence.
- Excellent organizational and time-management skills.
- Sensitivity working with culturally and ethnically diverse populations.
- Ability to work both independently and within a larger collaborative system of agencies, individuals, and disciplines.
- Ability to work as a team member and to accomplish tasks supporting the agency's mission.

WORKING CONDITIONS:

Work in both an office setting and in the field. Home visits required. Driving throughout San Mateo County required.

MINIMUM REQUIREMENTS:

Minimum level of education is a Master's degree in counseling, psychology, social work, marriage and family therapy, or a related field (MSW or MS/MA minimum). At minimum, must be registered with appropriate licensing board. License as an MFT, LCSW or Psychologist preferred. The employee must have a valid CA driver's license, and their own car with valid auto insurance.

SUCCESS FACTORS:

1. Enjoys working with infants, young children and caregivers. Able to join with families in a warm, compassionate and respectful way. Strong reflective capacity, both in case conceptualization as well as in the use of self in psychotherapy.
2. Demonstrate ability in working with challenging clients.
3. Well organized, dependable and punctual.
4. Flexibility in meeting changing priorities as the work requires.
5. Able to function as a part of a team and possess strong interpersonal skills.
6. Able to monitor the impact of services provided and make adjustments as necessary.
7. Support for agency direction, purpose, and mission.

TO APPLY: Please email a resume and thoughtful cover letter to karol.markowitz@star-vista.org

StarVista is a private non-profit agency in San Mateo County that provides a wide array of free and low-cost services to help children, teens and adults who are dealing with substance abuse, domestic violence, mental health, relationship and communication issues. More information about the agency and its programs can be found at www.star-vista.org.

Key words: early childhood mental health clinician, non-profit, San Mateo, Spanish, bi-lingual, early childhood.