



# STAR VISTA

## Helping All Ages and Stages Through Life's Challenges



## HEALTHY HOMES

With the support of First 5 San Mateo County, StarVista's Healthy Homes program serves families with children birth through age 5 who are facing a variety of stressors in their lives.

Healthy Homes strives to prevent child abuse and neglect, enhance the parent-child relationship, and reduce the impact of risk factors such as domestic violence, trauma, poverty, immigration, food insecurity, substance abuse, mental illness, and language barriers, among others.

**The following program highlights are free of charge to families and available in English or Spanish.**

- Family partner support services (home based)
- Mental health services for children and their caregivers
- Parent Support Groups
- Parent-Child Activity Groups

Funding is provided by First 5 San Mateo County.



**For more information call: 650.465.0305**

