



# STAR VISTA

## Helping All Ages and Stages Through Life's Challenges



## G.I.R.L.S.

StarVista's G.I.R.L.S. (Gaining Independence and Reclaiming Lives Successfully) is a court-mandated, intensive program that provides assessment, counseling, and case management services for incarcerated girls aged 13-18.

Participants learn how to deal with significant substance abuse and mental health issues.

We believe our adolescent girls are valuable and worthy of our community support. We provide sustainable resources and

programs that promote the process of healing, educating and empowering each girl to achieve her greatest potential in her community.

### SERVICES

- Individual counseling
- Family counseling
- Adolescent group counseling
- Multifamily group counseling



Created by members of the G.I.R.L.S. program

## Questions: Call Dr. Juan Simon at 650.399.6047

