



STAR VISTA

Helping All Ages and Stages Through Life's Challenges



DAYBREAK

StarVista's Daybreak program provides homeless youth the skills and resources they need to live on their own. Daybreak participants receive training in:

- Obtaining and maintaining employment
- Personal health and self-care
- Money management
- Meal planning and preparation
- Performing daily chores

- Accessing and using educational training and community resources
- Locating and renting housing
- Pursuing educational opportunities

Additionally, Daybreak's therapeutic resources include:

- Case Management and
- Counseling
- Educational Groups
- Socialization Activities
- Permanency Planning

Daybreak is a transitional housing program and independent living skills training program for homeless youth.

**Call us today:
650.364.4633**

