



STAR VISTA

Helping All Ages and Stages Through Life's Challenges



CHILD AND PARENT SERVICES

**Now serving families with children
0-18 in Daly City, San Bruno, San
Mateo and South San Francisco**

Looking for tools and strategies to support the children in your life? We are here to support your goals through counseling, skill-building, and connection to resources.

StarVista's Child and Parent Services (CAPS) is available to any family with a child 0-18. The focus of the

program is reducing caregiver stress through a strength-based and short-term approach. Services are available in the family's home or in their community. Range of services includes:

- Individual and family therapy
- Family Partner services (skill building, connection to resources)
- Parent Education and Parent
- Support groups in the community.

Call or text at:
650.771.0788

Or Email:
CAPS@star-vista.org

Call us today: 650.771.0788

