



Did you know that 3 out of every 5 StarVista clients are under the age of 25? They are young parents like high school sophomore Elizabeth and her 4-month-old son, Gabriel. They are teens unsure of how to manage their anxiety at school, or where to turn when they notice their friend is depressed. They are elementary school children whose parents are struggling with substance abuse, who need a safe and supportive environment outside their home.

StarVista believes in meeting people where they are in life, and for our youngest community members, that often means at school. **StarVista meets the social-emotional and mental health needs of children and teens while setting them up for academic success** through our presence on school campuses throughout San Mateo County. Last year, our School-Based Counseling team provided therapy for **more than 1,000 students**.

As an educator, I have seen just how important these mental health supports can be—they are the difference between a student graduating from high school or dropping out. **Will you join me in supporting StarVista's critical services for youth?**

A gift to StarVista means that young moms like Elizabeth have access to the mental health and community services that will help them thrive. **Read more about Elizabeth's story by clicking here.** As so many of our loved ones graduate from high school and college this spring, **please make a gift today to help all students in our community succeed.**

StarVista relies on us – its supporters – to fund this instrumental work. Please join me in making a gift today.



Jeneé Littrell

Director, Safe and Supportive Schools,
San Mateo County Office of Education
StarVista Board of Directors

P.S. With a constantly evolving funding climate, StarVista anticipates a significant shift in grant dollars that currently support our children's programs in the coming year. **Please make a gift by June 30th to ensure these programs continue to offer their life-changing services.**



StarVista served 41,000 individuals last year.



1,000+ students were provided therapy through StarVista's School-Based Counseling last year.



ECMHC operates in 40 different sites in San Mateo County.



3 out of 5 of the clients we serve are under the age of 25.

Donate Today!

FOLLOW US

