

StarVista and Pyramid Alternatives have merged

This past July StarVista and Pyramid Alternatives merged. StarVista and Pyramid Alternatives have a strong history of collaboration, including our Health Ambassador Program for Youth, the San Mateo County Pride Center, and a parallel portfolio of programs and services dedicated to providing high impact services to vulnerable populations in San Mateo County.

We have merged!



Learn More

"I am delighted to deepen our longstanding partnership with Pyramid Alternatives and to continue our shared tradition of delivering high-quality services in the communities about whom we care so deeply..."

- Sara Mitchell, PhD, MACP
StarVista CEO

This merger draws on our shared expertise in counseling, recovery services, school-based services, and more. It will strengthen and strategically amplify our reach throughout San Mateo County, and in particular will expand StarVista's services to Coastside and North County communities.

[Learn more](#)

Health Ambassador Program-Youth



HAP-Y Ambassadors

HAP-Y seeks to train youth ages 16-24 to become Health Ambassadors. The trainings cover common challenges in mental wellness, learning signs and risks of suicide,

suicide prevention and how to access mental health services. Trained Health Ambassadors become community agents who help raise awareness and increase access to behavioral health services, including through information sharing and/or providing referrals when appropriate.

Listen to the experiences of the **first group of Health Ambassadors!**
Click here to see the video.

Click here for more information about the program.

StarVista's 3rd Annual Food & Wine Tasting Benefit



THURSDAY
10.19.2017
5:30 PM - 8:30 PM

RSVP here!

all proceeds support
StarVista

Please join us at Taste of the Peninsula!

This benefit features delectable samplings from a variety of local restaurants, wineries, and breweries, along with a silent auction and raffle.

Get your tickets today! www.star-vista.org/tasteof

Thank you to our generous sponsors and participating vendors!

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Steve and Wendy Shray
Howard and Dr. Evelyn Yang
Erick Young and Thu Pham

catering by
Austen

...and more!

Elle's Story

A young teenager, Elle* was facing homelessness when she learned about **StarVista's Daybreak program: a program that would give her the confidence and security she needed to transition out of an abusive situation and into her own home.**



All her life, Elle had lived with her mother, grandmother, and siblings. While her mother was away from the house working several jobs in order to make ends meet, Elle experienced daily physical and emotional abuse at the hands of her grandmother. The relentless abuse created a sense of worthlessness in Elle, and she became self-conscious, withdrawn, and did not care for herself. Her grades declined as she progressed in school and she became a target of bullying. Elle tried to tell her mother what was happening with her grandmother many times, but Elle's mother did not protect her.

Read more.

**Names and identifying features have been changed to protect client confidentiality.*



Lisa Putkey, San Mateo County Pride Center

San Mateo County Pride Center

Over a decade in the making, the San Mateo County Pride Center represents the realization of the collective efforts of many who believe in equity, justice and inclusivity.

LGBTQ+ individuals and communities in San Mateo County have been waiting for a space to call their own, whether to seek services or to just gather in community with others.

The Pride Center is an innovative collaboration between various community organizations: Daly City Partnership, Outlet of Adolescent Counseling Services, Peninsula Family Service, and StarVista all

Program Director
opening was on June 1st.

in partnership with San Mateo County Behavioral
Health and Recovery Services. The official grand

[View photos from the event here.](#)

The mission of the San Mateo County Pride Center is to create a welcoming, safe, inclusive, and affirming community climate that fosters personal growth, health, and opportunities to thrive for individuals of all ages, sexual orientations and gender identities through education, counseling, advocacy, and support.

The San Mateo County Pride Center is YOUR community center. Come visit, hang out and volunteer with us.

Upcoming Event



Some monthly activities include:

A Young Adult Peer Support Group (18-25), the LGBT Book Group, Movie Nights, a Lesbian 50+ Women's Circle, a Questioning Peer Support Group, plus many more!

To view more events and activities click here.



StarVista provides services to over **41,000** residents in San Mateo County.



3 out of 5
of the clients we served were under the age of 24.
**FY 15-16*



Our Early Childhood programs serves over **4,000** children across the county.

Support StarVista in delivering high impact services through counseling, skill development, and crisis prevention to children, youth, adults and families.

[Donate Today](#)

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