



nurture.
guide.
transform.



2014 - 2015

Annual Report

StarVista's programs help children, young people, adults, and families write their own success stories.

Counseling Programs

Through individual, family and group counseling, StarVista helps people to identify and work through personal issues that get in the way of healthy growth and development. We also offer special programs for clients who are dealing with trauma or multiple mental health and substance abuse issues.

Prevention

We help children of alcoholics learn about and break the cycle of addiction, and give people of all ages the knowledge, skills and resources they need to avoid risky behaviors and provide a safe and stable living situation for their families.

Early Intervention

Early Childhood Services help parents provide a nurturing home, and address psychological issues in very young children so they can succeed in school. Other StarVista programs recognize that a first-time criminal offense

may be the sign of a family problem or the result of lack of knowledge. We help first offenders learn about the causes and consequences of their actions, to give them a second chance.

Education

Our education programs teach parents, teachers, law enforcement and other community members about available resources and methods of encouraging healthy behaviors.

Residential Programs

These programs provide a temporary home for young people who are unable to live with their families due to family crisis, alcohol and/or drug use, domestic violence, or homelessness. For children in foster care and young people who cannot return to their homes, StarVista offers several programs that teach independent living skills and provide housing assistance.

Learn more at: www.star-vista.org



Letter from the Chief Executive Officer

I am honored and grateful for the privilege to be a part of StarVista, and to lead such a talented team of committed Board, staff, volunteers, and interns. We remain a mission-focused organization that is passionate about delivering high impact services through counseling, skill development, and crisis prevention to over 35,000 children, youth, adults, and families each year.



Sara Larios Mitchell, PhD
Chief Executive Officer

I am inspired daily by the incredible outcomes that our team achieves in partnership with our clients. Our clients experience profound healing in their work with our staff. Former homeless youth or former foster youth discover not only safety and a place to call "home," but also the real opportunity to imagine a future where their dreams can be realized. Individuals, who are in crisis, find allies who can help them find resources and support. I am moved beyond words by what our teams do in partnership with our clients.

As an organization, we are also dedicated to our strong partnership with our community allies, donors, and supporters, and recognize that our work would not be possible without this critical support. Thank you for your confidence and investment in StarVista. I am proud to share our annual report with you.

Letter from the Board Chair

As the Board Chair, I've had the distinct honor and privilege of working closely with an extraordinary StarVista team, including our passionate and dedicated CEO, executive leadership, Board of Directors, and an equally passionate staff. Their collective efforts translate into quality community partnerships and effective intervention and support for our courageous clients who strive to better the health and quality of life for themselves and their families. The story of our Insights program, in this report, is just one example of how StarVista transforms lives, both young and old.



Michelle Blakely
Chair, Board of Directors

Over my years as a member of the Board of Directors, I've seen how StarVista consistently stays true to our mission. We are constantly learning, evolving, and growing as we anticipate and respond to the changing needs within our community.

None of the impactful work done by our staff would be possible without the wonderful support from our generous donors and funders. Financial stability and fiscal responsibility are bases for the trust that our supporters have placed on StarVista to fulfill our mission. Bearing witness to the power of the collective efforts of people who care about the health of our community has truly been one of the most rewarding experiences of my life.

Our Mission

We deliver high impact services through counseling, skill development, and crisis prevention to children, youth, adults and families.

StarVista Board of Directors

Michelle Blakely, Chair

Director of Planning Programs, First 5 San Mateo

Steven Shray, Vice Chair

Operations Consultant

Alison Proctor, CPA, Treasurer

Seiler LLP

David Rosenbaum, Secretary

Attorney at Law, McDowall Cotter, APC

Sanjay Aggarwal

Senior Manager Corporate Strategy, Cisco Systems

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Director of Marketing, O'Connor Hospital

Elaine Cummings

Consultant

Lori Fazeli

Partner Sales Executive, Microsoft

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Computer Systems Consultant

Stephan Marshall

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Seth Schalet

Chief Executive Officer,
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Kristin Sun, CFP

Wealth Manager,
Sand Hill Global Advisors, LLC

Roger Toguchi

Consultant

Erick Young

Technical Solution Architect, IBM Corporate HQ



Over 250 teens received help and guidance at Insights in 2015

Helping Youth See New Possibilities and Grow

Like most others who are first referred to StarVista's Insights youth substance abuse counseling program, Sam* was not happy to be asked to share in front of a group of other teens he'd never met before. He sat glumly, giving brief, one-word responses to the facilitator.

Sam was emotional as he said goodbye, sharing heartfelt appreciation to the staff and to the group members for **helping to create the safe, open and supportive space to allow him to grow.**

Youth are referred to the Insights program by the juvenile courts; family members; school administrators; and other community providers. Many have had difficulties with poor academic performance, truancy, and aggressive behavior. Many live in chronic poverty in neighborhoods with violence, crime, and gang influence.

At Insights, the youth receive family focused individual counseling and education about the effects of drugs and alcohol and learn ways to manage triggers, make healthy choices, and practice coping skills. Many of the youth have struggled with self-esteem issues and have difficulty in not only identifying their own strengths, but also supporting others.

Because participation in the program is mandated for so many, it can often be difficult to engage those like Sam, who may perceive the counselors as part of the "system." Accordingly, Insights staff strive to create a warm, safe, and inviting environment for their clients and their families.

In a recent group activity focused on identifying their strengths, each of the boys was asked to write affirmations and hopes for each other. As the boys, who often present a tough exterior, spent time carefully reading through the comments that their peers had written, visible smiles slowly appeared on virtually every face.

It was also Sam's graduation day from the program. After the group members and therapists shared their hopes and affirmations for Sam, it was his turn to share. Sam was emotional as he said goodbye, sharing heartfelt appreciation to the staff and to the group members for helping to create the safe, open and supportive space to allow him to grow.

At a pivotal time in their young lives, when youth like Sam are bolstered with the knowledge, skills and understanding that the Insights program provides to help overcome substance abuse, they can begin to see new possibilities they never could have imagined for themselves and the future.

**Names and identifying features have been changed to protect client confidentiality*

Client Successes

SUSAN'S STORY

Susan* who had a history of homelessness, domestic violence, and substance abuse was initially referred to StarVista's **Family Stabilization Team (FST)** for housing resource needs. With the help of HIP Housing and her StarVista FST case manager, Susan will finally be able to move to a place she can call home. She will continue to receive support and resources that will allow her to stay in school and work towards obtaining a degree in social work. Learn more about Susan's story at star-vista.org/client_successes.



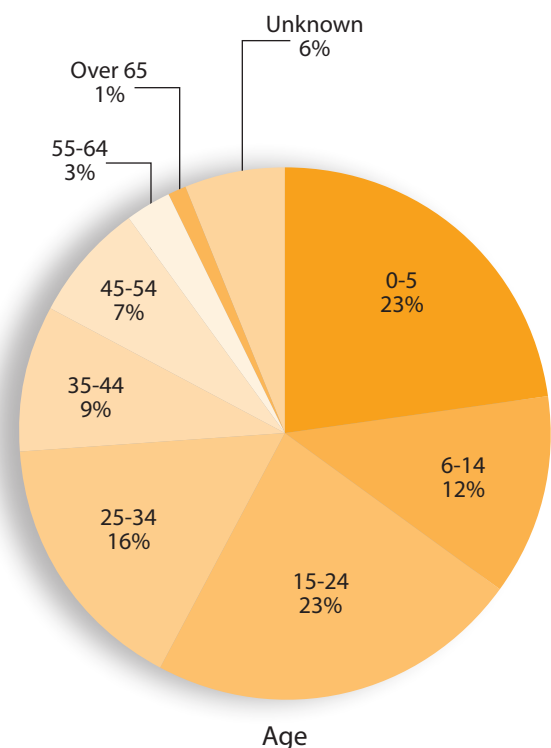
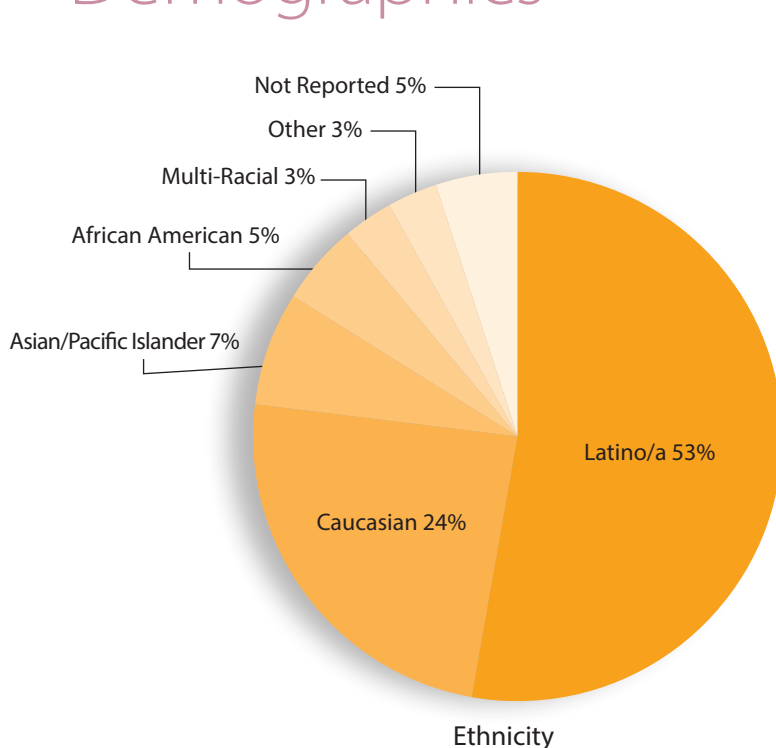
MARCO'S STORY

When 17 year-old Marco* came to **Your House South**, he was struggling with a myriad of issues: the loss of his parents, abuse and abandonment by his subsequent caregivers, and conflicting feelings regarding his sexual orientation and identity. Through individual therapy, Marco began to open up about the loss of his parents, and feeling unloved and unwanted. Just over one year later after the program, Marco reached out to update his counselors on his progress and proudly informed them that he is now attending community college and is in a healthy, trusting relationship. Thanks to the support he received from the staff and residents at Your House South, Marco's past will not define his future. Learn more about Marco's story at star-vista.org/client_successes.

**Names and identifying features have been changed to protect client confidentiality*

View more success stories at
www.star-vista.org/client_successes

Demographics



StarVista Clients Served by Zip Code

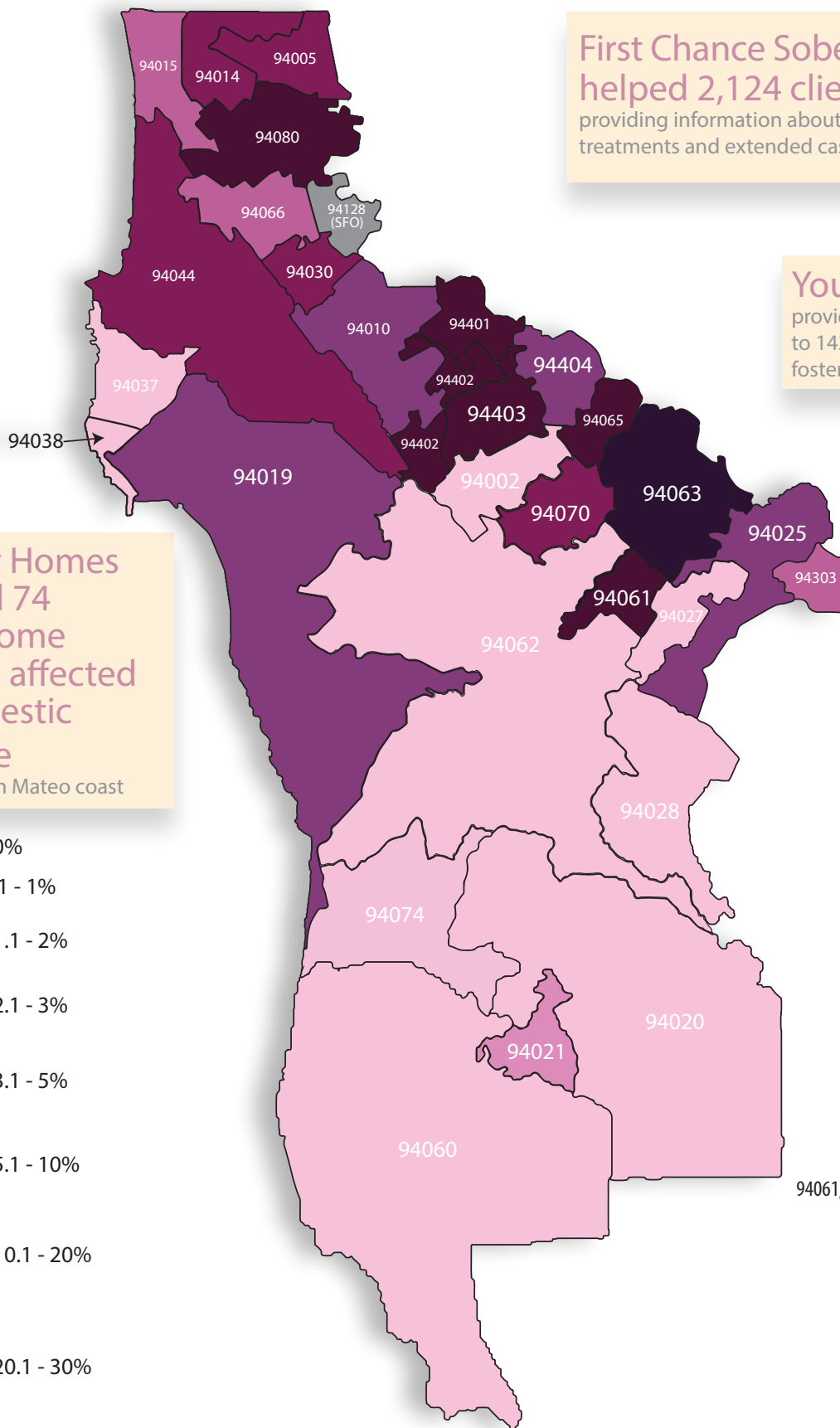
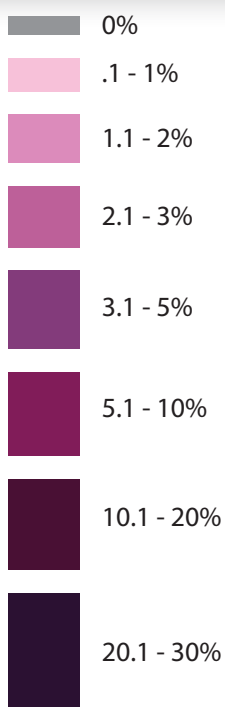
(StarVista serves approximately 35,000 individuals annually.)

First Chance Sobering Station
helped 2,124 clients in 2015,
providing information about drug and alcohol
treatments and extended case management

Your House South
provided shelter and counseling
to 142 runaway and former
foster youth

Healthy Homes
assisted 74
low-income
families affected
by domestic
violence

along the San Mateo coast



94002	Belmont
94005	Brisbane
94010	Burlingame
94014	Colma
94015	Daly City
94019	Half Moon Bay
94020	La Honda
94021	Loma Mar
94025	West Menlo Park
94027	Atherton
94028	Portola Valley
94030	Millbrae
94037	Montara
94038	Moss Beach
94044	Pacifica
94061, 62, 63, 64, 65	Redwood City
94060	Pescadero
94062	Emerald Hills
94062	Woodside
94066	San Bruno
94070	San Carlos
94074	San Gregorio
94080	South San Francisco
94303	East Palo Alto
94401, 02, 03	San Mateo
94404	Foster City

Financial Summary

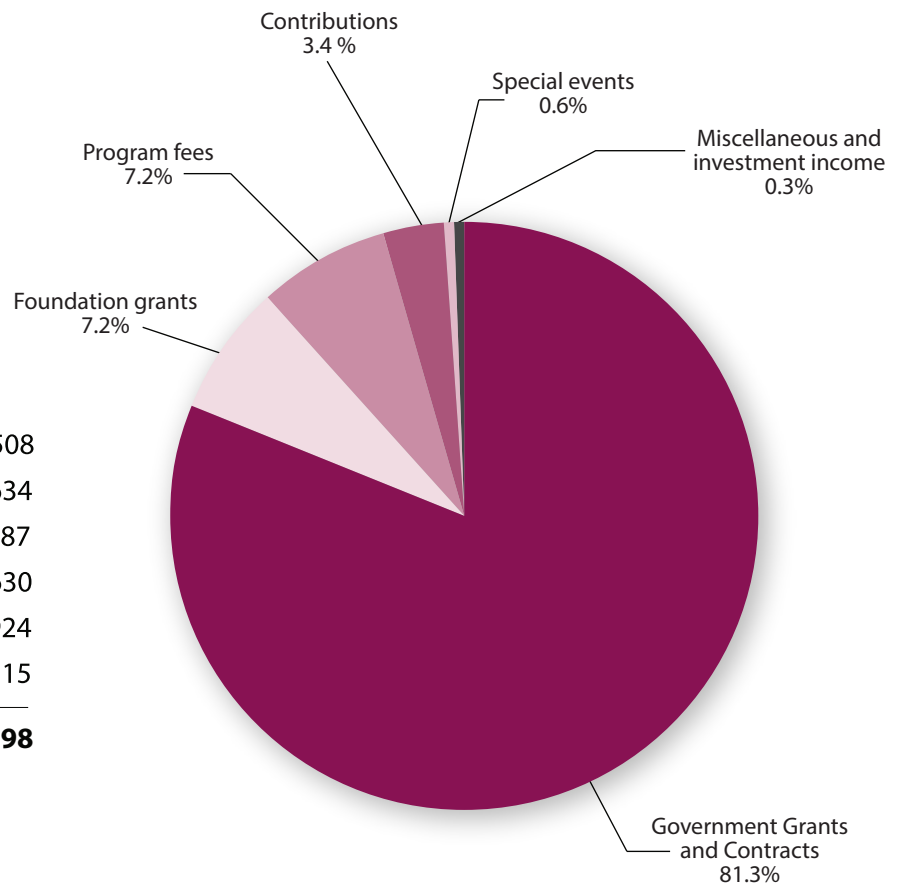
Fiscal year 2014 - 2015

ending on June 30, 2015

Revenue

Government Grants and Contracts	\$9,526,508
Foundation grants	\$848,634
Program fees	\$845,587
Contributions	\$398,630
Special events (net of expenses)	\$65,924
Miscellaneous and investment income	\$30,315

Total Revenue **\$11,715,598**

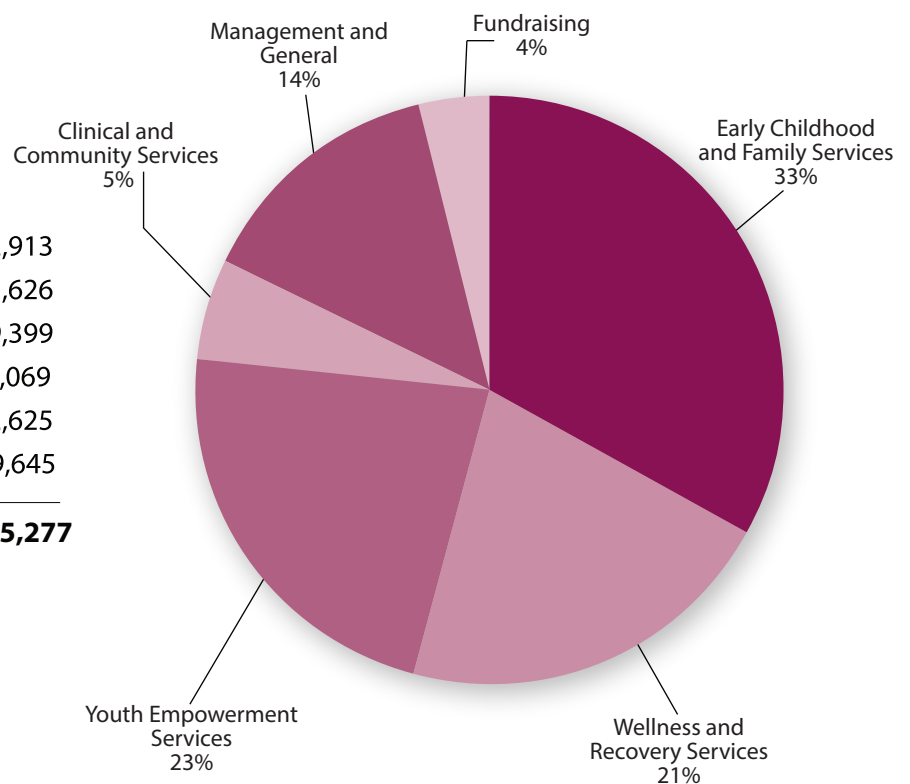


Expenses

Program Services

Early Childhood and Family Services	\$3,882,913
Wellness and Recovery Services	\$2,471,626
Youth Empowerment Services	\$2,649,399
Clinical and Community Services	\$649,069
Management and General	\$1,632,625
Fundraising	\$429,645

Total Expenses **\$11,715,277**



Thank you!

We are deeply grateful to our 2014 - 2015 donors who contributed time, energy and financial support that enable us to transform the lives of children, young adults, and families.

\$100,000+

Bella Vista Foundation
Sequoia Healthcare District

\$50,000 - \$99,999

Community Service League
Genentech Foundation
The Grove Foundation
John and Heather Mozart
Silicon Valley Community Foundation

\$25,000 - \$49,999

100 Women Charitable Foundation
Nasrallah and Eqbal Behbehani
Help For Children
Hurlbut - Johnson Family Trust
John and Marcia Goldman Foundation
Kaiser Permanente Northern California
Community Benefit Programs
The Myra Reinhard Family Foundation
Peninsula Health Care District
Sobrato Family Foundation
The David and Lucile Packard Foundation

\$10,000 - \$24,999

The Almanac
Burt Family Foundation
Danford Foundation
Erin Forestner
In-N-Out Burger Foundation
Kaiser Foundation Medical
Centers - San Mateo Area
Dana and John Perine
Rotary Club of Burlingame
Sammut Family Foundation
San Disk Corporation
United Way of the Bay Area
Wells Fargo Foundation

\$5,000 - \$9,999

Atkinson Foundation
Roberta Campbell
The Carl Gellert and Celia Berta
Gellert Foundation
Cogan Family Foundation
Colorprint
Lesley and Russel Martin
Julie and Tom McGannon
Mellam Family Foundation
Mills-Peninsula Health Services/Sutter Health
Peninsula Coastal Region
Myrtle L. Atkinson Foundation
Elayne Pace
Palo Alto Medical Foundation
Peery Foundation
Karen Pisani
Mindy and Jesse Rogers
Tate Family Fund
Thelma Doelger Charitable Trust

\$1,000 - \$4,999

ABD Insurance and Financial Services, Inc.
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Harrington Group
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Daniel Meyer
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Nazgol Moussavi and Reza Hajebi
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Alison Proctor and Phuong Dang
Provident Credit Union
Raiser Construction Company, Inc.
Recology San Mateo County
Republic Services
Rotary Club of Menlo Park
Paul Sack
Yoko Sameshima
San Mateo Credit Union
Sand Hill Global Advisors
Seth Schalet and Claire Berney

Seiler LLP
Steve and Wendy Shray
James Smith
South San Francisco Scavenger Company
Anthony Stayner
Kristin and Calvin Sun
Sabrina Thompson
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Wilbur and Dolores L. Woo Charitable Lead Trust
Woman's Club of Palo Alto
Erick Young

\$500 - \$999

A+ Japanese Auto Repair
Gail and Dan Alberti
Jason and Kristina Armstrong
Barry Leonard Katz Memorial Fund
Deborah and Peter Blackmore
Juliet Brodie and Jane Schacter
Eric Byunn and Alyssa Rieder
CPP Inc.
Cypress Lawn Cemetery Association
Dr. Eric H. Denys and Dr. Sonja S. Declercq
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Timothy F. Hennessey
Kathleen Holt
Jochen and Hala Kleinknecht
Pamela and Aaron Kurtzman
Suzanne Legallet
Frederick Ley
Al and Nancy Malaspina
John and Greta Maltbie
Duncan and Shirley Matteson
Samuel and Joann Meredith
Lee and Linda Michelson
Millbrae Square Company
Beth and John B. Monroe
Steve and Kate Morey
Pete and Leslie Nannarone
Richard H. Pantell
Bill and Ellen Peters
Rebecca and Harlan Pinto
Rotary Club of San Carlos
John and Michele Rugo
Kathryn Stamos
John and Marie Violet
Vivienne and Mo Virani
Anna Zara and Robert English
Zeta Interactive
Barbara Zivkov

Every effort was made to include all private individuals and organizations who donated to StarVista and its programs during the July 1, 2014 - June 30, 2015 fiscal year. We sincerely regret any inadvertent omissions or errors. *Please note* that government contracts and grants are not included in this listing. If you are aware of any discrepancies, please contact us at 650-591-9623, ext. 103.

\$250 - \$499

Allen S. Taylor Foundation
Peg and Frank Austin
Robert and Beverly Avery
Douglas and Leslie Ballinger
Bank of America United Way Campaign
Mark Beach
Brian Beresini
Carol Bergman
Catherine Blake
Kevin Boer
Michael and Carol Bradley
Brooks Family Fund
The Central National-Gottesman Foundation
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Crowne Plaza Hotel
Donna Cumming
Susan Dawson
Wilhelmus De Groot and Amy Sung
Jack and Mary Dooling
Shelley Eberle
Tim Forest
Sara Furrer
Carole Groom
Chip and Pam Huggins
Jackson & Miller
Charles and Joan Johnson
Elizabeth B. Kaplan
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Ruth Krumbein
Luyen Le
Nelson Lin
Teresa Lobdell
Timothy Mackie
Bruce and Claudette MacMillan
Maloney & Associates, LLC
Debbie and Merrit Mangels
Marshall Realty
Linda and Anthony Meier
Seren Pendleton-Knoll
Harold Poskanzer
Alex Rayter
Richard and Karen Recht
Bernard and Shelly Ross
Jill and George Roumeliotis
Kathleen Steele, LCSW
Matthew Tager
Karen Thomas
Don Whitley
Mark and Mary Lou Zoback

\$100 - \$249

Cris Adair
Ria Ameral
Robert and Angela Anthony
Mary Helen Armstrong
Vinney Arora
Fariborz Barman and Barbara Otto
Maria Barrows
Jeffery Bass
Clarise Blanchard
Lisa Blanchard
Tony Borba
Gary Bozzini
Patrick and Debby Brown

Annette and Martin Burke
Mike Callagy
Caminar
Steve and Elaine Chan
Christiane Chiramberro
Vice Mayor Marie Chuang
Lisa and Sally Canjura-Clayton
Cheryl Cohen
Tom and Stacey Cole
Ron and Gayle Collins
Collins Insurance and Investment Services
CORA
Arne and Carol Croce
Karen P. Dalton
Robert and Nina Davies
Michael and Karen Denholm
Sarah Dobkin
Chuck and Linda Drew
Barbara and John Evers
Joan Evers
E. Feierabend
Brian Feinberg and Elizabeth Joseph
Lisa Ferdinandsen
Calvin W. Finch
Fine Consign
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Sara W. Fisher
Lawrence and Leah Friedman
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Santoru Peter Higa and Vicki Amon-Higa
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Wendy Hockett
Jeremy Holland
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David Johnson
M. Bess Kane
Harvey and Gay Kaplan
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Philip Keil
Kidfully
Josephine Killen
Helen and Hiroshi Kishi
Fred and Bunny Koehler
Jennifer Koga
Therese Kollerer
Randall Kostick
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Elaine Lennox
Barbara and Bob Lessing
Stephen Leveroni
Diana Lloyd

Chemi Wu and Joseph Lo
Dawna Loeb
David Lyon
Nancy Magee
Nancy and Philip Mancini
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Marie Milner
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Guillermo Morantes
Jerome and Patricia Motto
Dennis Murphy and Cynthia Hunton
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Bruce and Mary Ellen Peterson
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Reesults Consulting
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Iliana Rodriguez
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Bob Rybicki
Merle Saber
Momoe and Robert Sasaki
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Erwin and Monique Seibel
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Ramesh Valluri
Varian Medical Systemis, Inc.
Stacey Wagner
Dianette Washer
Matt Watts
Harvey and Wanda Whitehead
Chris Wuthmann and Allison Rock
Julie Wynn

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UP TO \$100

Faviola Abel
Mary Albitz
Mark Allen
Meg Andrews
Charles R. Bacon and Cynthia Dusel-Bacon
Dr. Lorita Bank Morgenthaler and
Dr. Eric Morgenthaler
Janis Baron
Bill and Sue Beaver
Katherine Bond
Kenneth Brenner
Benin Bryant
Burke Burgin, MFT
Rick Candia
James and Amy Cecil
Ma Cheng
John and Wilma Cimino
James Cooke
The Counter, San Mateo
Julie Dalcin
John Delaney
Delaine Eastin
Amanda Erickson
Katherine Fisher
Petrea Flagel
Lionel Fong
Jennifer Fuller
Thomas Gallagher
Sheri Gomes
Blanca Gomez
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Susan Hiestand
Donna Holm
Isako Hoshino
Joshua Hugg
Dr. Audrey Hurley
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Sunpreet S. Khanuja
Steven and Jane Kikuchi
Julie Kitzenberger
Eric Knauft
Kathy Lavezzo
Kathy Leroux
Alan Levins
Sandra Lipkowitz
Connie Liu
Ted and Rosemarie Luce
Deepti Manepalli
Don and Jenny Mattei
Signe and Raymond Montosa
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Plumbing Consultants
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Barbara Walker
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Jing Zuo

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Bologna's Chiropractic
Burlingame Police Department
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Diana Coyle
Jason Crouch
Debra Cruz
Satjit and Sheena Dale
Tracy Delmonico
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Donna's Hallmark Shop
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Lynne Feely
Cindy Fulce-Paradan
Melissa Guariglia
Rachel Guedelhoefer
Marilyn Habeeb
Mary Hanna
Sam Huie
Kathy Inocelda
Jacquelyn Ito-Woo
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Sam Lam
Le Boulanger
Dr. Hubert Lee
Louise LeFeure
Peggy Lucey
Lucid Design Group
Terry Marsh
James and Marta McDermott
Theresa and John Musser
Bob Nemchik
Nothing Bundt Cakes of San Carlos
Elayne Pace
Pat McCarty
Dana and John Perine
Phil and Chrissie Reynolds
Dale Russell and Barbara Pickett
Debbie Ruth
Merle Saber
Seth Schalet and Claire Berney
Adrian Schurr
Deep Srivastar
Scott and Robin Strombom

Natalie Studzinski
The Peninsula Jewish Community Center
Nicola Tidwell
Roger and Betty Toguchi
Jimmy Tseng
Beverly Valdez
ZeaChem

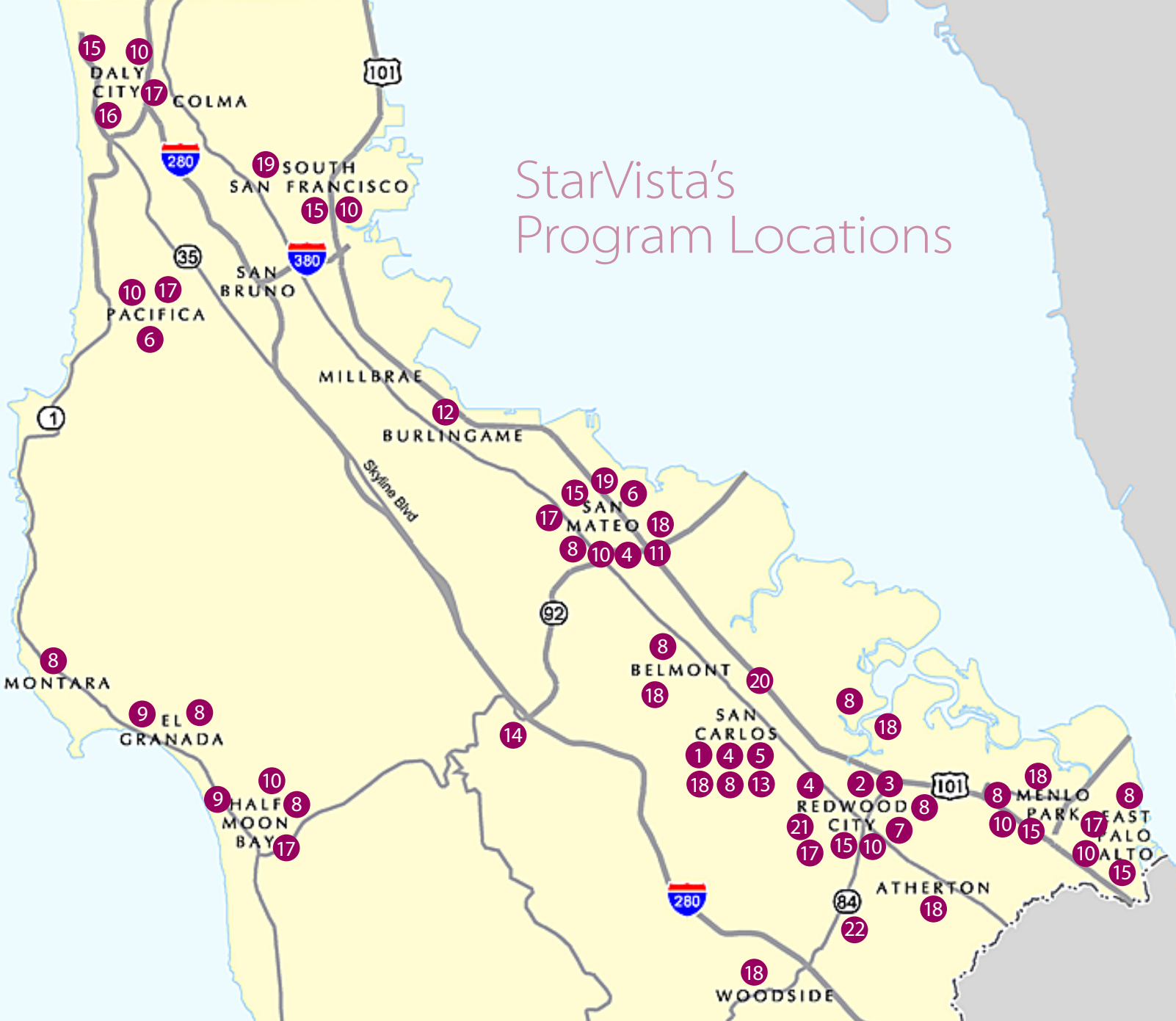
IN HONOR OF

Vinney Arora,
in honor of Michael Garb
Delaine Eastin,
in honor of Maxine Koop
Philip Keil,
in honor of Suicide Prevention Volunteers
Alan Levins,
in honor of Alex Rayter
Chemi Wu Lo and Mr. Joseph Lo,
in honor of Narges Dillon
Dawna Loeb,
in honor of Kathryn Curry
Linda Mann,
in honor of Michael Garb
Steve and Kate Morey,
in honor of Elaine Cummings
Michael and Lisa Nash,
in honor of Mark Frappier
Kathleen Steele, LCSW,
in honor of Melissa Barrameda, Janis Blue,
Carrie Consentino, Shanna Dulin, Rebecca
Grey, Colleen Harrington, Angel Hong,
Michael Lee, Traci Mandell, Joanne Murphy,
Natalie Safrá, Jennifer Sentlinger, Sara
Turner, Ruth West-Gorin, Jamie Wulf, and
Andy Yen
Dr. Steven Tager,
in honor of Matt Tager
John and Marie Violet,
in honor of Michael Garb

IN MEMORY OF

Anonymous,
in memory of Peter H. Anthony
Ron and Gayle Collins,
in memory of Brent Collins
Dr. Eric H. Denys and Dr. Sonja S. Declercq,
in memory of Matthias Denys
Wendy Hockett,
in memory of Ruby Jones
Alison Proctor and Phuong Dang,
in memory of Charles Proctor
Sally Chambers Solari,
in memory of Kris Chambers
Barbara Walker,
in memory of Marcia Swan Doran

StarVista's Program Locations



- | | | |
|---|---|---------------------------------|
| 1 Administration | 8 Differential Response | 15 Healthy Homes |
| 2 Archway | 9 Early Childhood Community Team | 16 Insights |
| 3 Child and Adolescent Hotline and Prevention Program | 10 Early Childhood Mental Health Consultation | 17 Pre-to-Three |
| 4 Children's Place | 11 Family Stabilization Team (FST) | 18 School-Based Services |
| 5 Counseling Center | 12 First Chance | 19 Transitional Youth Services |
| 6 Crisis Center | 13 Foster Family Recruitment Services | 20 Women's Enrichment Center |
| 7 Daybreak | 14 G.I.R.L.S. | 21 Youth Development Initiative |
| | | 22 Your House South |

Learn more about each program at:
www.star-vista.org/whatwedo_services



610 Elm Street, Suite 212
San Carlos, CA 94070
650-591-9623

www.star-vista.org

Our phone and web services
are available all day, every day.

Crisis Hotline
650-579-0350

Parent Support Line
650-573-3950

Alcohol and Drug Line
888-220-7575

Child & Adolescent Hotline & Prevention Program
650-567-5437
567kids@star-vista.org

Teen Website
www.OnYourMind.net

Connect with StarVista:

